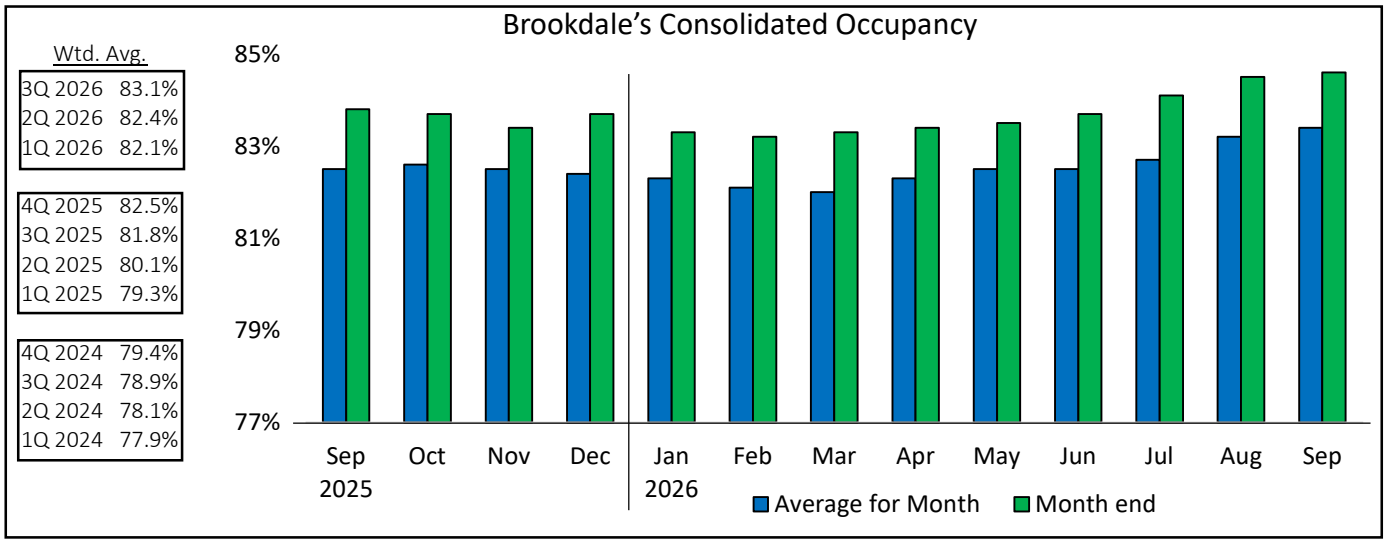
Brookdale Reports September 2026 Occupancy

Brentwood, Tenn., October 8, 2026 – Brookdale Senior Living Inc. (NYSE: BKD) reported today its occupancy for September 2026.



	2025				2026								
Consolidated	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep
Wtd. avg.	82.5%	82.6%	82.5%	82.4%	82.3%	82.1%	82.0%	82.3%	82.5%	82.5%	82.7%	83.2%	83.4%
Month end	83.8%	83.7%	83.4%	83.7%	83.3%	83.2%	83.3%	83.4%	83.5%	83.7%	84.1%	84.5%	84.6%

	2025				2026								
Same Community	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep
Wtd. avg.	83.5%	83.7%	83.6%	83.4%	83.0%	82.8%	82.5%	82.8%	82.9%	83.0%	83.3%	83.7%	83.8%
Month end	84.8%	84.9%	84.4%	84.4%	84.0%	83.9%	83.9%	83.9%	84.0%	84.3%	84.6%	84.9%	84.9%

Third Quarter 2026 Occupancy Observations

- Weighted average consolidated occupancy grew 130 basis points year-over-year to 83.1% in 2026.
- Sequential consolidated and same community weighted average occupancy both grew 70 basis points, outperforming the National Investment Center for Seniors Housing & Care (NIC) stabilized senior housing market occupancy results for the same sequential period.

About Brookdale Senior Living

Brookdale Senior Living Inc. is the nation's premier operator of senior living communities. With 529 communities across 41 states and the ability to serve approximately 45,000 residents as of September 30, 2026, Brookdale is committed to its mission of enriching the lives of seniors through compassionate care, clinical expertise, and exceptional service. The Company, through its affiliates, operates independent living, assisted living, memory care, and continuing care retirement communities, offering tailored solutions that help empower seniors to live with dignity, connection, and purpose. Leveraging deep expertise in healthcare, hospitality, and real estate, Brookdale creates opportunities for wellness, personal growth, and meaningful relationships in settings that feel like home. Guided by its four cornerstones of passion, courage, partnership, and trust, Brookdale is committed to delivering exceptional value and redefining senior living for a brighter, healthier future. Brookdale's stock trades on the New York Stock Exchange under the ticker symbol BKD. For more information, visit brookdale.com or connect with Brookdale on Facebook or YouTube.

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